

A few research studies prove Pelvic Floor Stimulation effects multiple pelvic dysfunctions to include

**1. Effects of low-frequency intravaginal electrical stimulation on female urinary incontinence, quality of life, and urinary symptoms: A pilot study**

Sangrak Bae<sup>1</sup>, Kyu Won Lee<sup>2</sup>, Hyun Cheol Jeong<sup>3</sup>, Bong Hee Park<sup>1</sup>, Woong Jin Bae<sup>2</sup>, Yong Seok Lee<sup>1</sup>, Chang Hee Han<sup>1</sup>, Sung Hak Kang<sup>1</sup>, Sae Woong Kim<sup>2</sup>

**RESULTS: Low-frequency electrical stimulation devices were effective at improving urinary incontinence, which became evident as the duration of treatment increased. Improvement of urgency and frequency was more evident after treatment.**

**2. Electrical stimulation with non-implanted electrodes for overactive bladder in adults**

Fiona Stewart<sup>1</sup>, Orsi L F Gameiro, Regina El Dib, Monica Orsi Gameiro, Anil Kapoor, Joao Luiz Amaro

**RESULTS: Electrical stimulation appeared to be more effective than both no treatment and drug treatment for OAB.**

**3. Randomized, placebo-controlled study of electrical stimulation with pelvic floor muscle training for severe urinary incontinence after radical prostatectomy**

Tomonori Yamanishi<sup>1</sup>, Tomoya Mizuno, Miho Watanabe, Mikihiko Honda, Ken-Ichiro Yoshida

**RESULTS: Electrical stimulation resulted in earlier recovery of continence in patients with urinary incontinence after radical prostatectomy.**

**4.**

S Gortazar de Las Casas<sup>1</sup>, I Rubio-Pérez<sup>2</sup>, J Saavedra Ambrosy<sup>2</sup>, A Sancho de Avila<sup>3</sup>, M Álvarez-Gallego<sup>2</sup>, J L Marijuan Martín<sup>2</sup>, I Pascual Miguelañez<sup>2</sup>

**RESULTS: Our results agree with current studies which describe around a 30% response of Sacral Nerve Stimulation for refractory constipation. However, there is a small group of patients highly satisfied with Sacral Nerve Stimulation therapy.**

**5. The role of neuromuscular electrical stimulation in the rehabilitation of the pelvic floor muscles**

Eleanor F Allon<sup>1</sup>

***RESULTS: The introduction of electrical stimulation in pelvic healthcare poses a significant benefit in the rehabilitation of the pelvic floor muscles.***

**6. Home electrical stimulation for women with fecal incontinence: a preliminary randomized controlled trial**

Nira Cohen-Zubary<sup>1</sup>, Rachel Gingold-Belfer, Inna Lambort, Nir Wasserberg, Haim Krissi, Sigal Levy, Yaron Niv, Ram Dickman

***RESULTS: Home electrical stimulation may offer an alternative to standardized biofeedback training as it is effective and generally well-tolerated therapy for females with fecal incontinence***